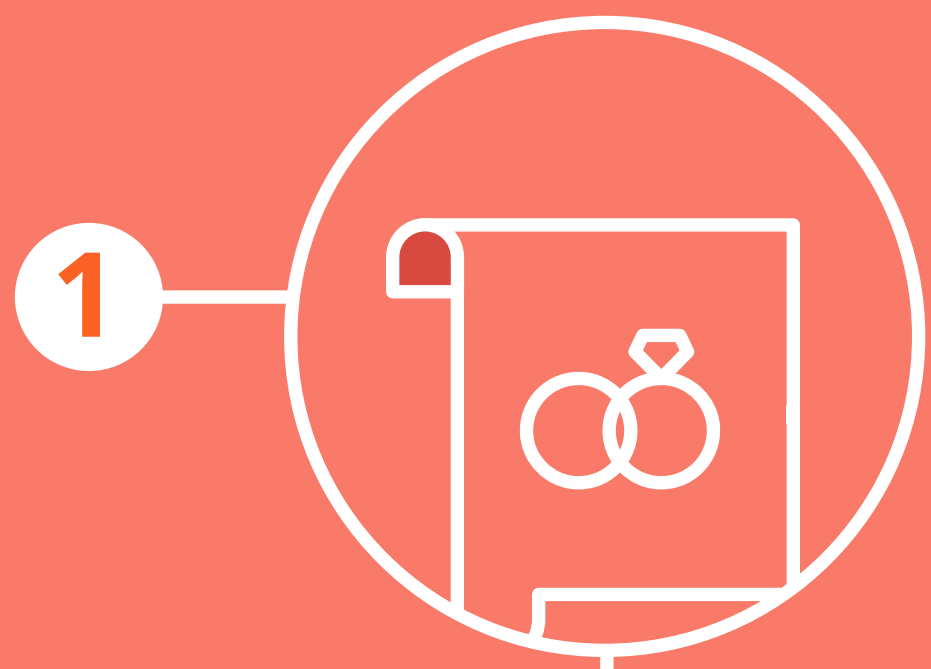
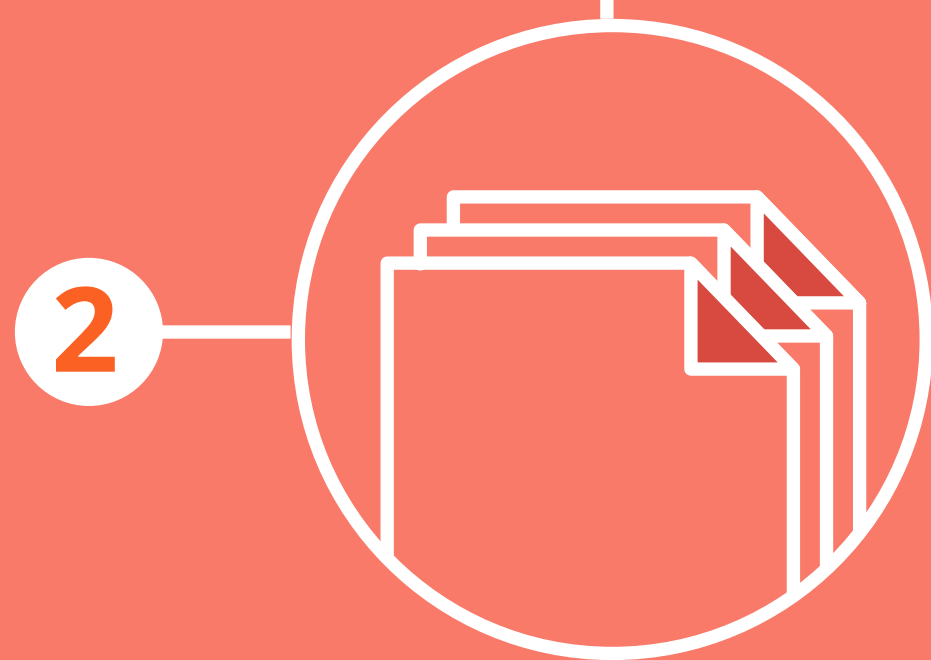


HOW CAN I PREPARE MY REQUEST FORM FOR THE VAWA VISA?



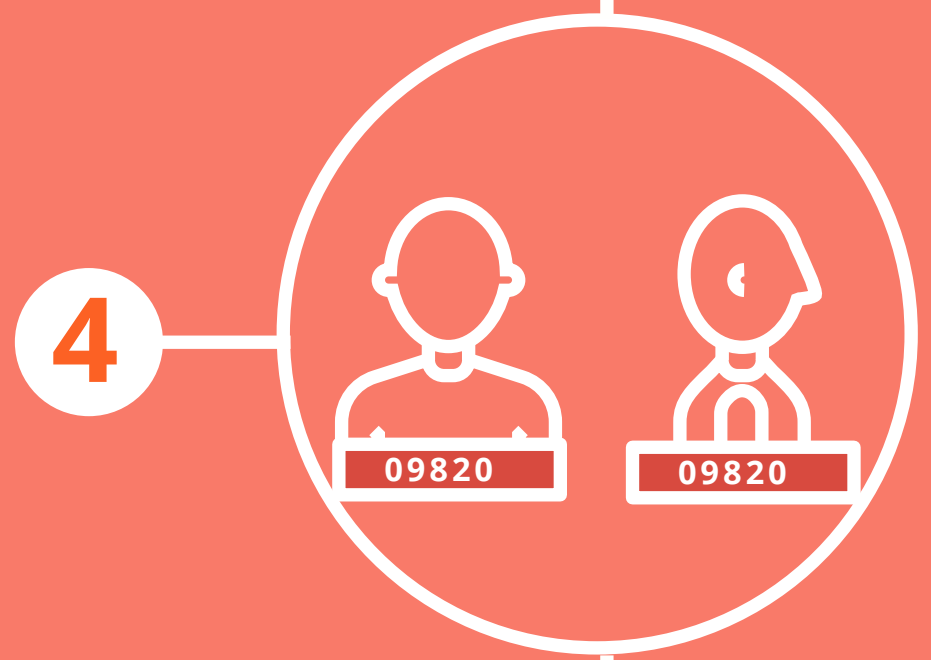
1 Gather all the documents that can help you prove your relationship with the abuser (marriage certificate, birth certificates)



2 Gather all the documents that can help you prove you have lived with the abuser



3 If possible, gather all the documents that can help you prove that you have suffered abuse (police reports, hospital records, restraining orders, reports from social workers, etcetera)



4 If you have a criminal or immigration record, you will need to present the documents related to the case



5 It is very important to contact your consulate for advice and support during the process of applying for the VAWA Visa. The number of the Information and **Assistance Center for Mexicans** from the United States is **18554636395** and from Mexico **0015206237874**. It works 24 hours a day

You can also contact organizations that provide services to migrants in your community for legal advice. Visit the following [LINK](#) to locate legal help near you.