

# IF I AM A VICTIM OF DOMESTIC VIOLENCE WITH AN IRREGULAR IMMIGRATION STATUS, WHERE CAN I ASK FOR HELP?

**If it is an emergency**, if your life, the lives of your children or a family member are in danger, call 911 and ask for help.

**If it is not an emergency**, look for help by calling:



Your consulate. Ask for assistance to the Programa Ventanilla de Atención Integral para la Mujer (Program of Integral Attention for Women). The number of the Information and **Assistance Center for Mexicans** from the United States is **18554636395** and from Mexico **0015206237874**. It works 24 hours a day



Civil society organizations that provide services to migrant women victims of violence in your community. You can visit the following link to locate legal help near you: [LINK](#)