

I AM A VICTIM OF DOMESTIC VIOLENCE. HOW CAN I GET HELP?

Domestic violence includes physical aggression, forcing a person to participate in sexual activity; threats, insults, or humiliations, as well as actions that can put at risk the person's financial, patrimonial or proprietary survival. It also includes violence or threats against relatives.

If you are Mexican and you have suffered domestic violence, go to the nearest consulate and ask for help.

What can the **consulate do for me?**



The consulate can take action to identify, channel and seek protection for people who have been victims of domestic violence, especially women and children. Among other things, it can provide legal advice and contact your relatives in Mexico, if that is what you wish.

Watch Out!



If you are a migrant and you do not follow the due process or request legal advice to file a complaint for domestic violence, you face the risk of having your family separated. Hence, we recommend that you get legal assistance from an expert at every stage of the process. You can always request legal assistance at the consulate, regardless of your migratory status.